## MONTANA STATE UNIVERSITY NORTHERN

# **NORTHERN NETWORK NEWS**

The Official Newsletter of MSU-Northern

#### January 29, 2016

### This Past Week

#### **Torgerson's Provides Jackets to MSU-Northern PAS Club**





Click image to watch the video

Torgerson's, a 4th generation Montana farm implement company, recently presented Montana State University Northern Postsecondary Agriculture Students (PAS) Club with new jackets. Tom Welch, an agriculture educator and PAS Club advisor, noted that he and the PAS Club members are extremely appreciative of Torgerson's generosity and efforts to assist PAS and young people preparing for a career in agriculture. Welch stated, "Torgerson's has assisted MSU-Northern in many ways over the years and this is a fantastic example of a committed agribusiness uniting with education to help keep agriculture on the grow."

#### Mary Stevens Explores Therapeutic Music



This week, the Montana State University-Northern, Chancellor's Lecture Series hosted "The Power of Music: The Effect of Therapeutic Music on the Mind and Body" by Mary Stevens. The enlightening lecture included a harp demonstration that complemented Stevens's information beautifully. Stevens spoke about scientific studies that have shown the value of music therapy on the body, mind, and spirit of children and adults and demonstrated some of the pieces she plays for clients around the north central Montana region.

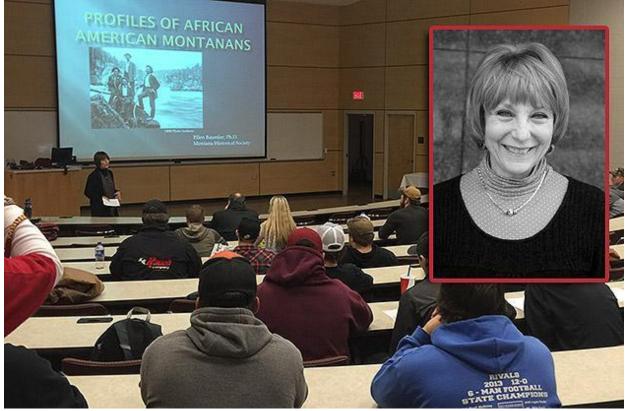
#### **Stress Management Workshop**

This week, while enjoying pizza and the upbeat personalities of the Student Support Services staff, various students also learned how to manage stress through the SSS's stress management workshop. The team offered guidance on how to handle this inevitable facet of student life and ultimately create better balance in life overall.

#### Film Screening of Paper Tigers

Yesterday, Northern hosted a film screening and discussion forum for *Paper Tigers: One High School's Unlikely Success Story.* The movie screening, offered by the Montana State University Graduate Faculty, the Rocky Boy Environmental Prevention - MSPI Grant, and the Rocky Boy System of Care Project, proffered several discussion topics amongst the attendees.

#### The Historical Presence of African-Americans in Montana



In the spirit of civil rights and the meaningful perspectives and achievements of Dr. Martin Luther King Jr., the Office of Diversity Awareness (ODAMP) invited educator, interpretative historian, and writer, Ellen Baumler to speak about the history of African-Americans in Montana. Baumler took audiences on a chronological tour that began with the account of the first African-American, named York, coming to Montana as a slave with Lewis and Clark. Baumler also touched on the lives and legacies of many others like Geraldine Travis, the first African-American woman to serve in the Montana Legislature, and Alma Jacobs, who was instrumental in the edification of the Great Falls Public Library.

Baumler also talked about African-American soldiers who served in this land, like the Buffalo Soldiers of 1890 at Fort Shaw and those who belonged to the Troop G. Tenth Cavalry. She shared information on some buildings that are now in the historical registry because they were the homes or places of worship for some African-American families. In some cases, these African-Americans were enslaved, while others were free and even very prosperous. She also mentioned how Montana law intended to segregate African-American children at school, but it was impractical since their numbers never justified extra expenses to provide services just for them. Although no law of discrimination could be enforced, these individuals still faced prejudice. This lecture was sponsored by Havre Humanities Montana.

### Important Announcements

1/29/2016: Last day to drop a full-semester class without a "W" 2/5/2016: Last day to drop a first-half semester class without a "W"

#### 2016-2017 Scholarship Applications Deadline- Jan. 29

Attention all continuing students: Your last day to apply for Northern scholarships is **TODAY**, January 29 by 5 p.m. It's simple to apply online by logging into Banner Web-MyInfo, but you also have the option to complete a paper version of the form, located on the financial aid page of the MSUN website. Last year Northern awarded over \$180,000 in continuing student scholarships. Please contact the Financial Aid Office, at 406-265-3787, with any questions. Don't miss this opportunity to earn scholarships for all your achievements!

#### **Continuing MSUN Students**

### Complete your 2016-2017 FAFSA By April 15<sup>th</sup>

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#### You will be entered to win a \$250 gift certificate to the MSUN Bookstore

#### Go to fafsa.gov today!

Questions? Call 265-3787 or stop by the Financial Aid office

#### **Student Excellence Award Nominations Due- Feb. 26**

The Student Excellence Award is Northern's most prestigious student award. It's time to nominate the students who have truly been shining Northern Lights this year. The deadline for nominations is: 5 p.m., Friday, February 26, 2016.

Undergraduate Nomination Criteria (up to 10 recipients):

- Nominees should demonstrate a commitment to educational goals through academic achievement and participation in extracurricular activities
- Any current student who will have earned the equivalent of 60 semester credits by the end of the spring 2016 semester, and was enrolled at MSU-Northern for fall 2015 semester, is eligible.
- The nominee must have a cumulative grade point average of 2.75.

Graduate Student Criteria (1 recipient):

- Nominees should demonstrate a commitment to educational goals through the academic achievement and participation in extracurricular activities, including demonstration of leadership in their work setting and/or community.
- Any current graduate student who will have earned the equivalent of 50 percent of the graduate program's credits by the end of the spring 2016 semester and was enrolled at MSU-Northern for fall 2015 semester, is eligible.
- The nominee must have a cumulative grade point average of 3.00.

Previous recipients of the Student Excellence Award are not eligible. Nomination forms are available at room 204 in the SUB. For more information, contact Kim Watson at <u>kimberly.watson5@msun.edu</u>.

# Little River Institute Indigenous Research Conference Request for Proposals

The first annual Indigenous Research Conference, sponsored by the Little River Institute, will take place on the campus of MSUN this spring, held in conjunction with the Sweetgrass Society Pow-wow. The inaugural conference will be a regional gathering of scholars and students, which will take place April 28 - 29, 2016. It is intended to showcase personal experiences, recent research, and current events that impact the lives of Native American students, their families, and their communities in Montana and across Indian Country. The Little River Institute invites both students and faculty at the secondary and post-secondary levels in the region to submit proposals for presentation at the conference. For more information concerning the Request for Proposals (RFPs), please visit the conference website at <a href="http://www.littleriverinstitute.org/">http://www.littleriverinstitute.org/</a> or contact the

program director, Erica McKeon-Hanson, at <u>erica.mckeonhanson@msun.edu</u>. Please share the RFPs widely among your colleagues and students.

The Little River Institute on the campus of Montana State University-Northern is funded by the U.S. Department of Education's Native American Serving Non-Tribal Institutions (NASNTI) program, with the aim of providing culturally responsive tutoring and mentoring services, faculty professional development on the topics of cultural responsiveness and technology use in teaching, and a gathering space with mentoring support for the Sweetgrass Society.

## Upcoming Faculty Workshops

#### **Tech Snacks: The Little River Institute**

Tech Snacks are 15-minute professional development workshops for MSU-Northern faculty.

This week's topic: The Little River Institute. According to the extensive research completed on the topic of Native American students in higher education, there are distinct, cultural differences in the way Native students learn, the way they tend to interact in class, and the out-of-class issues that can impact their academic experience. MSU-Northern was recently awarded a \$2 million grant to help increase retention rates and improve the university experience for Native American students, and Erica McKeon-Hanson is the new director of that grant. Along with culturally responsive tutoring and mentoring, the Institute is going to be hosting an Indigenous Research Conference here at Northern in late April. Come meet Erica, hear about what the Little River Institute is up to, and start a conversation about these important issues! Bring your questions, we'll bring the coffee and snacks.

Tech Snacks is happening Friday, January 29 at 10:30 a.m., 11 a.m., and 11:30 a.m. in Cowan Hall, Room 110, and again at 1:30 p.m. and 2:00 p.m. in Cowan Hall 110. (NOTE: The Conference Room in Brockmann Center is not available this Friday afternoon, so our afternoon session will be held in Cowan.)

#### **Quality Matters - Anytime Online**

Quality Matters (QM) is an organization devoted to effective design in online learning. QM offers professional development workshops and certifications that are available to instructors anytime online. QM also has a system by which instructors can get peer feedback on their online or blended courses. If you are interested, please contact Caleb Hutchins in Extended University.

## Upcoming Activities

#### God of Carnage- Last Weekend



This is the last weekend to attend the Montana Actor's Theatre presentation of *God of Carnage*. A playground altercation between eleven-year-old boys brings together two sets of Brooklyn parents for a meeting to resolve the matter. At first, diplomatic niceties are observed, but as the meeting progresses, and the rum flows, tensions emerge, and the gloves come off, leaving the couples with more than just their liberal principles in tatters.

The remaining dates for this show are: January 29-30. Evening shows begin at 8 p.m. Doors and Backstage Lounge open at 7:30 p.m.

Tickets are \$15 for adults, \$10 for seniors, students, and military, \$5 for children 10 and under; and MSU-Northern students/staff/faculty are admitted free with current I.D. Just present your Northern I.D. at the box office, and your ticket is complimentary. Tickets are available on MAT's website or at Fiveheads, Computer Center, Bear Paw Meats, and Bear Paw Montana Realty. This show is not recommended for children, due to adult language and content.

#### NMHC Annual Health Fair - Jan. 30

The Northern Montana Health Care 2016 Health Fair will be held on Saturday, January 30 from 10 a.m. to 4 p.m. at the Havre Holiday Village Mall. Come check out the various vendors of healthful products and services. Call Julianne at 262-3146 for more information.

#### Fresno Ice Derby - Jan. 30-31

The 5<sup>th</sup> Annual Fresno Ice Derby at Fresno Reservoir will take place January 30-31. Fishing will be from 7 a.m. - 3 p.m. on Saturday and 7 a.m. - 2 p.m. on Sunday.

Eligible fish include: northern pike, walleye, and perch/croppy (perch and croppy will be combined). Participants will need to have their fish measured within a half hour of the ending time for each day. The weigh-in is located at The Walleye Tavern both days. There will be cash prizes for the three longest northern pike, walleye and perch/croppy caught each day. If one species of the eligible fish in not caught, the money will be divided between the other fish species for that day.

All participants will abide by Montana fish regulations and possession limits. You must have a valid and current Montana Fishing License. Youth 13 and under must be accompanied by an adult-licensed participant. Spear fishing will be allowed. Each participant must be registered prior to the day of the event. The entry fee is \$25 per day or \$50 for both days. You do not have to fish both days. Cash prizes will be awarded specifically for each day and amounts will be determined by the number of participants each day.

Registration and official rules at: http://havrechamber.com/fresno-ice-fishing-derby

#### The Dating Doctor- David Coleman- Feb. 3

Are you romantically challenged? You won't be after this session with author, entertainer, and radio/TV personality David Coleman. Coleman is the Dating Doctor. This 14-time National Speaker of the Year will give honest answers to the toughest relationship questions. Coleman has been featured in such fine publications as *Us Magazine, Glamour, Celebrity Living, Mademoiselle, Women's World, Cosmopolitan, The USA Today, The Wall Street Journal, The Washington Post* and *The New York Times.* 

Coleman's program titled, "Making Relationships Matter," teaches how to create and maintain healthy relationships. From the crisis moments of our country and society, we have learned that our lives and relationships are precious and fragile and that they can be forever altered in the blink of an eye. Coleman's presentation will unveil approaches to living a daily life that is fulfilling and focused on getting the most from and providing the most to every relationship in your life. You will learn how to be more courageous, valuable, respectful, thankful, passionate, committed, spiritual, trustworthy and healthy. Topics include: Who controls relationships and why, basic differences between men and women, arousal points for men and women, the "attraction factor," how to be more physically and emotionally romantic with others, discerning healthy vs. unhealthy relationships, and steps to follow to ensure that all your relationships matter. For a further description, please visit www.DatingDoctor.com. Come check out the Dating Doctor on February 3, 2016 at 7 p.m. in the SUB Ballroom.

#### **MSU-Northern Talent Show- Feb. 4**

Sign up now at the Student Union Information Desk for Program Council's annual talent show scheduled for February the 4th at 7 p.m. in the SUB Ballroom. Acts will be judged on originality, appearance, talent and presentation. Can you dance? Can you sing? Can you act? Do your friends think you are hilarious? If so, come on down to the SUB Info Desk and sign up for this fun-filled event. First place will receive a \$75 gift certificate from the MSU-Northern Bookstore. Second place is a \$50 gift certificate and third place receives a \$25 gift certificate. This event is sponsored by the ASMSUN Program Council committee.

#### Tickets Available for the We Love Northern Ball - Feb. 6



Get ready for a glamorous night on the red carpet at the annual We Love Northern Ball! Enjoy a night under the Hollywood Lights, including fine dining, dancing, entertainment, and NO auctions. Just pledge ONE GIFT to the scholarship fund for your chance to win an amazing getaway package! Tickets and table sponsorships are available by calling the Northern Alumni Foundation at 265-3711. General seating tickets are \$100 each, reserved tables are \$1,000, and Premiere Tables (all beer and wine included) are available for \$1,500. All proceeds from the evening will fund scholarships for students at MSU-Northern. See you February 6 at the We Love Northern Ball!

#### Spring Career Fair and Co-ops - Feb. 8

Mark your calendars; the 2016 Spring Career Fair is Monday, February 8. It is recommended that all students from every degree area attend this event. It is an important opportunity to network with potential employers. The event will be held in the Armory Gymnasium from 9 a.m. - noon with many employers interviewing in the afternoon and next day. Students must have a profile and resume on CareerExpress before they are allowed to interview with employers on campus. Contact the Career Center at 406-265-4198 if you have any questions.

Students wishing to register for spring semester co-ops should do so no later than Wednesday, January 27. It is up to the student to find an employer who is willing to work with them on the co-op experience. Registration for the co-ops begin with the Career Center and on CareerExpress.

#### **Bingo Night- Feb. 10**

The Associated Students of MSU-Northern are hosting monthly bingo nights this semester. They had previously scheduled the next bingo night for February the 3rd, but are changing the date due to a last minute event with David Coleman "The Dating Doctor." So, the next bingo night will be February 10 at 7 p.m. in the SUB Ballroom. Students will play several rounds of regular bingo for prizes, and at the end of the evening, the winner of blackout bingo will receive a 7" Android tablet.



#### Singer/Songwriter Lakin to Perform-Feb. 11

Powerful musical performer, Lakin will be performing at MSU-Northern on February 11 at the Student Union Ballroom at 7 p.m. Lakin is a young singer/songwriter with a voice sweeter than honey, whose combination of genre-defying musical styles, stunning melodic gifts, beauty, and warmth shine through in her heartfelt lyrics and powerful performances.

She grew up in an entertainment based family in Riverside, California and went on to major in jazz studies at Long Beach State. Lakin has cultivated a loyal fan base throughout Southern California, opening for such major acts as Sheryl Crow, Colbie Caillat, Brian McKnight, Sheila E., and Gladys Knight.

On her excellently received album, *If Night Turns to Daylight*, Lakin displays her multiple talents of writing, performing, arranging, and producing. Her striking collection of songs represents a revolution of the spiritreflecting themes that go beyond the superficial and into

the deeper human experience of the reconciliation of the soul. Her music is sure to penetrate not only the listener's ear, but the listener's heart.

Admission for this performance is free to MSU-Northern students, faculty and staff. Community members may attend for \$5/adult and \$3/students.

Visit <u>www.lakinmusic.com</u> for more information.

#### **MSUN Wrestling Takes on NCAA Champions Iowa Hawkeyes - Feb. 12**



MSU-Northern, 6 time NAIA National Wrestling Champions, take on one of the top wrestling dynasties in the nation, the Iowa Hawkeyes, 23 time NCAA National Wrestling Champions. Don't miss this powerhouse match. Get your tickets today! Watch the Iowa Hawkeyes go head to head against the Northern Lights on February 12 at 7 p.m. in the MSU-Northern Armory Gym. For tickets, call 265-3761. Students, staff and faculty can get in free with a current I.D. and are encouraged to get their general admission ticket in advance from the athletic office. If you want a reserved seat, it will cost \$15.

#### **Spring 2016 Indigenous Movie Nights**

This movie series is sponsored by the Native American Studies Program, and highlights films written, directed, produced, and cast by American Indian and indigenous artists and filmmakers. Following each film there will be a short discussion about the major themes and issues within the stories. Everybody is welcome. Light refreshments will be available. All movies will be held in Hensler Auditorium, ATC Building from 6-8 p.m. The films this year are:

#### ON THE ICE - Tues. Feb. 23

Tragedy, friendship, and responsibility in an Iñupiat community

#### EMPIRE OF DIRT - Wed. March 23

Three generations of First Nations women struggle to bridge the generation gap and deal with the demons of their past.

#### RHYMES FOR YOUNG GHOULS - Thurs. Apr 14

Teenage Revenge in the "Kingdom of the Crow"

#### **Chancellor's Lecture Series:**

There are four lectures scheduled for the 2016 spring semester. Please mark your calendars and join us for some stimulating and entertaining lectures.

## Neal Lewing: "Meagher of the Sword: Montana's First Governor, Thomas Francis Meagher" - Mar. 1

## Jack Glatzer: "Solo Violin Recital with an integration of an Art and History Program"- April 13

All presentations are free and open to the public. All presentations begin at 7:30 p.m. in Hensler Auditorium, Applied Technology Center.

For more information, please call MSU-Northern at (406) 265-3700. Please visit the website to see the Spring 2015-2016 Chancellor's Lecture Series: <u>http://msun.edu/news/calendar/events2015/ChancellorSeries.aspx</u>

## Weekly Columns

#### TidBits

By Bill Lanier

Back in the Spring of 1989, Director of Student Union/Activities, Tom Marshall hired a certain person for an open position in the Student Union Building. She began working at Northern Montana College on April 4, 1989 now, 9,797 days later, Denise Brewer is retiring from Montana State University-Northern as the Director of Student Activities/Events.

The world was quite a bit different in 1989. The Exxon Valdez oil spill had just happened less than two weeks earlier. George H.W. Bush was just beginning his presidency of the United States. Margaret Thatcher was the Prime Minister of the U.K. Stamps were \$0.25. Stan Stephens was Governor of Montana. Roxette had the number one song "The Look," and Microsoft Office had its first release. Here at Northern, William C. Merwin was finishing up his run as President of Northern Montana College. We were still five years away from the first induction of the Northern Athletic Hall of Fame, and we were still Northern Montana College rather than MSUN.

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